

RETREAT DATES 2019

Zen Retreats:

May 27 (Mon, afternoon) – May 31 (Fri, mid-morning)

June 24 (Mon, afternoon) – June 28 (Fri, mid-morning)

July 26 (Mon, afternoon) – July 30 (Fri, mid-morning)

September: X

August 19 (Mon, afternoon) – August 23 (Fri, mid-morning)

October 7 (Mon, afternoon) – October 11 (Fri, mid-morning)

Meditation & Creativity Retreats:

April 28 (Sun, afternoon) – April 30 (Tue, mid-morning)

May: X

June 18 (Tue, afternoon) – June 20 (Thurs, mid-morning)

July 2 (Tue, afternoon) – July 4 (Thurs, mid-morning)

August 6 (Tue, afternoon) – August 8 (Thurs, mid-morning)

September 2 (Mon, afternoon) – September 4 (Wed, mid-morning)

October 1 (Tue, afternoon) – October 3 (Thurs, mid-morning)

Silent Retreats

Upon request